



Almost half of all incidents on the tidal Thames are caused by **Human factors**. Maintain a positive **Safety Culture** by:

- Ensuring good communications
- **Following best practice**
- Not being distracted

Find out more at www.pla.co.uk/humanfactors/



- Make sure your intentions are made very clear to other vessels and people
- **Never assume – always remain alert and speak-up if you suspect a problem**
- Ensure the *whole* crew know what the correct procedures should be

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- **Always be ready and Fit for Duty: No drink, no drugs and well rested**
- Don't accept being tired as a way of life
- **Avoid distracting other people during complicated or important tasks**
- Ask for help if you find yourself under too much pressure

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- Ensure you have the equipment, time and training to perform a task properly
- **Don't confuse efficiency with dangerous short cuts or 'local' practices**
- Be alert to what could go wrong and recognise when a situation changes

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